



# The Dove

**Term 3**  
**Friday 16 August 2019**  
**Volume: 47 No: 12**

"IT'S ALL ABOUT LEARNING  
AND HAVING HIGH EXPECTATIONS  
OF OURSELVES AND EACH OTHER"

*Dear members of the St Columba's community*

**"It's all about learning and having high expectations of ourselves and each other".**

***In this issue:***

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**Time Management**

Managing time for everybody is a real skill and finding the correct balance of leisure and work in our lives is something that each one of us must learn. Increasingly, generations of young people are finding it more difficult to balance the simple aspects of life and find that they are overwhelmed when it comes to commitments around their learning. It seems that one of the first things to be compromised is sleep and some students arrive each day at the College having no more than four to six hours of sleep. This then impacts on their ability to fully participate in the learning process and has a detrimental effect on their ability to concentrate and focus on retaining the information and learning they need to build on the work and skills being developed in their classes.

In light of the above statement, how is your son or daughter managing their lives?

How much time is actually being spent on their learning each day at home?

- How much time is spent on some of the social networking sites like, Facebook, Twitter?
- How much television do they watch each day?
- How many hours do they commit to training for a sporting team?
- If they have a part-time job, how many hours do they work each week?
- How much time do they spend playing computer games?
- How much time do they spend texting their friends or talking on the phone?
- How much time do they spend on Learning Preparation (Homework) each night?
- What time do they go to bed each night, and how much sleep are they getting?



# The Dove

As parents, I believe we have responsibility to help our young to get this balance right and yet we're often put in a position where our help and advice is ignored, however, we can't give up. We have only arrived at the age we are today because we have learnt a thing or two about life and it's this wisdom that needs to be heard.

Could I ask all parents to take some time during this next week to 'check out' how your son or daughter is balancing life's commitments?

## **The house that education builds**

There is a story of a wealthy man who called his servant in to say that he was leaving the country for a year and that, while he was gone, he wanted the servant to build him a house. The wealthy man told his servant to build the house well and, when he returned, he would pay all the bills, whatever it cost.

Shortly after the wealthy man departed, the servant decided it was foolish to work so hard and started to cut corners, spending and squandering all the money saved.

When the wealthy man returned, he paid all the bills and then asked the servant, "Are you satisfied with the house you built?"

"Yes, I am," replied the servant.

The wealthy man said, "good, because the house is yours. You can live in it for the rest of your life."

Education is the house you  
are building to live in for the  
rest of your life. Build the  
very best house you can!  
Professor Richard Weaver

May God bless you always,

**Mr Paul Ryan.**  
**Principal**



# The Dove

## eSafetyparents

### Your child's first smartphone – are they old enough?

Children often have access to devices, including smartphones, from a very young age. Whether it's watching their favourite program through streaming services on your phone, using educational apps or simply viewing photos with you and the family, they are engaging with devices in one form or another.

#### But when is my child old enough to be given their own mobile phone?

In 2012, the Australian Bureau of Statistics revealed children as young as five years old owned a mobile phone – two percent of child aged between five and six years old, and 20 percent for children aged five to 11 years. This figure is likely to be higher now.

For many parents and carers, two years old would seem too young. For others, it might offer them peace of mind and security to know they can leave their child with their child – especially in an emergency. The right age for your child will depend on their level of maturity. It's worth asking yourself the following questions before handing over a digital device.

- Does my child have a good sense of responsibility?
- Are they able to stick to the rules?
- Do they show a good understanding of actions and consequences?
- Do they come to me or another trusted adult when they are distressed or encounter problems?



For younger children it's best to start with a mobile phone without internet access, and introduce a smartphone when they demonstrate an appropriate level of maturity. Some younger children might agree if it's they are ready for a smartphone, especially if their friends already have one. But it's worth holding out until you feel confident that your child is mature enough.

#### My child has their first smartphone – now what?

When your child receives their first smartphone it's a great opportunity to instill safe online behaviour early on, so they can carry those skills through to their teens and beyond.

Here are some ideas for getting them on board with good online habits.

#### Establish rules of the outset with clear boundaries

Talk about expectations and the consequences for not meeting these rules. Consider the age of your child, your child's maturity, to set up a written signed agreement which lists the rules.

(Here are some you may want to agree on)

- No phone after a certain time (ie. 8.00 pm) unless in an emergency.
- Keep to daily screen time limits (ie. 1 hour per school night).
- Family time is a no-phone zone (ie. dinner).

- Do not share your passwords with others – apart from parents.
- Do not share your real name (or full name), age and address when posting, talking to strangers or on sites where anyone can see it.
- Be kind to people – treat people on the phone as you would face-to-face.
- Do not take or share photos of others (including friends) without their permission.
- Tell a parent or another trusted adult if anything makes you feel uncomfortable, or if a stranger contacts you online.
- Do not purchase or download an app or game without talking to a parent first – especially as these often have minimum age requirements.

#### Use technology tools to help set the boundaries to keep your child safe

Use parental controls to help manage your child's device and the types of content they can access. Most devices come with parental controls and offer a range of features:

- iPhone (Go to Settings > General > Restrictions. Here you can disable apps or features, prevent access to explicit content and specific webpages.
- Android (Google Play): Go to Play Store > Settings > Parental controls. Most Android phones use Google Play as the digital marketplace for purchasing apps and accessing content. Through Google Play you can restrict the content your child can download or purchase from Google Play.
- Google Family Link is an app for parents to help manage their child's device and account, and offers additional layers of protection. It enables parents to set screen time limits, review app permissions (such as their camera, location, contacts, etc) and approve downloads, block sites and filter content.
- You can also check with your mobile service provider if they offer any parental control tools.

Activate any privacy settings and safety features available on the device, in web browsers and apps. In some cases you can do this through parental controls or when installing apps on their phone. Carefully consider permissions and what an app really need to access your child's location, contact list, messages and other features.

Help your child set up a PIN or password to lock their phone. In addition to protecting their personal information, this will ensure that no one else can use their phone.

Help your child set up strong and unique passwords for their apps and websites. Even if the phone is locked, apps and websites can be accessed from other devices.

#### Communicate openly with your child, establish and maintain trust

Most importantly, communicate openly with your child about their phone and online use. It's not possible to monitor your child's activity and no technology tool is 100 percent effective in protecting them from online risks. So it's really important to establish and maintain trust.

Talk openly and regularly with your child about their online activities. Show them that you are interested in how they connect with friends, who they talk with and the type of sites they visit.

If you are using parental controls, be upfront about this and get them on board. Let them know that these are reviewed and changed as they get older and they continue to demonstrate responsible behaviour.

Talk about positive online behaviour and about respecting others online. Encourage your child to think carefully before they post, text or share comments or photos so they don't hurt or upset others. Remind them there is a real person at the end of the screen.

Encourage your child to come to you (or another trusted adult) if they are upset because of an online experience, even if they think they are to blame.



[esafety.gov.au/parents](http://esafety.gov.au/parents)



[esafety.gov.au/parents](http://esafety.gov.au/parents)

## eSafetyparents

### Screen time for your child – 7 tips

There is a lot of conflicting advice and emerging research around screen time. But the right amount of screen time can depend on a range of factors like your child's age and maturity, the kind of content they are consuming, their learning needs and your family routine. It can be easy to focus only on the clock and how long your child is spending in front of the screen, but the quality and nature of what they are doing online, and your involvement are just as important.

Consider your child's screen use in the context of their overall health and wellbeing – for example, is online time getting in the way of their sleep and exercise? Is it impacting on their face-to-face interactions with family and friends? The answers to these questions will guide you and help strike the right balance of online and offline activities for your child.

#### 1. Be involved

Spending screen time and online activities like gaming with your child helps you gauge the appropriateness of what they are using and manage potential risks. It's also a great way to have conversations with your child about their online experiences.

#### 2. Work with your child to set boundaries for screen use

If you decide that setting screen time limits is right for you and your child, discuss these new rules with your child. Older children are more likely to cooperate if they have been part of the decision-making process. Calendars, posters or charts of early limits and other important activities is a fun way to get younger children on board.

#### 3. Be clear about the consequences of not switching off

Part of our role as parents is to set clear limitations and boundaries. The same applies to technology. Limitations so, being clear and consistent about the consequences for your child. They do not need to be these rules are consistent. The National Children's Network provides some useful tools and advice.



#### 4. Set device-free zones and times at home

Device-free zones can help you manage your family's digital use, set some limits to setting digital boundaries within your home:

- no devices in the bedroom for younger children
- all screens off in bedrooms after a certain time for older children
- all screens off at least one hour before planned bedtime
- all family members switch off at dinner time
- charge devices overnight in a place your child cannot access

#### 5. Ask your child to explain their screen use

Get your child in the habit of explaining why they want to be in front of a screen or online. It's a great way to get them thinking about their own digital habits and balancing screen time with other activities.

#### 6. Use tech tools to help manage access

There are robust products and device functions which allow you to set which apps are being used in your home and for how long. But by not to use these tools to secretly monitor your child. Instead, be open about the process and check the whole family's usage, including your own. Start with Google Family Link for Android devices or parental controls and Screen Time for iPhone/iPad.

#### 7. Lead by example

Your behaviour is one of the most influential ways to help your child develop a positive digital mindset. Show your child you can put down your device too.



[esafety.gov.au/parents](http://esafety.gov.au/parents)



[esafety.gov.au/parents](http://esafety.gov.au/parents)



# The Dove

## FROM THE ASSISTANT PRINCIPALS

### RFS Cadets Graduation

It was a pleasure to witness the graduation of Year 10 students last Thursday afternoon who, over the last 14 weeks, have participated in the Secondary Schools Basic Firefighting Cadet Course during sport time. In this course, students have gained knowledge in basic fire behaviour as well as skills in firefighting techniques. Congratulations to all our RFS Cadets.





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## Ski Trip

This week saw 56 students head to Perisher Valley for three days for a wonderful Ski Trip where they learnt and mastered how to ski and snowboard. They experienced perfect snow conditions heightening the experience, which for a number of students, was the first time they had been to the snow. Thank you to the teachers who accompanied and supported the students on this trip.



## Energy Drinks

This week we reminded students that all Energy Drinks (e.g. Red Bull, Mother, V, etc) are strictly banned from the College. Energy drinks refer to any beverage that contain high levels of a stimulant ingredient, usually caffeine or guarana, and are commonly promoted as products capable of enhancing mental alertness, energy and performance. Students found with these drinks will have the item confiscated and a detention will be issued. This banned item will be added to the list in the College Diary for 2020.

## Springwood Vietnam Veterans March.

On Sunday 11th of August, the College was honoured to be invited to participate in the Vietnam Veterans March and Memorial Service in Springwood. The College was represented by 14 students whose attendance was acknowledged at our Monday morning assembly and at the whole school assembly on Wednesday. Many veterans thanked our students for their support on the day.





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## **Victory in the Pacific Ceremony.**

Representatives from the Student Leadership team attended the Victory in the Pacific Commemorative service in Springwood on Thursday the 5th of August. Our Leaders officiated throughout the ceremony, with Tom Gawthorne leading a prayer for the fallen and Mollie Bauerhuit delivering the address to the gathered servicemen and women and other guests. Our leaders also laid a wreath on the Cenotaph and officiated as flag wardens throughout the ceremony. Their representation of the College was magnificent and generated many positive comments from the guests present.



**Ms Muscat & Mr Gawthorne  
Assistant Principals**



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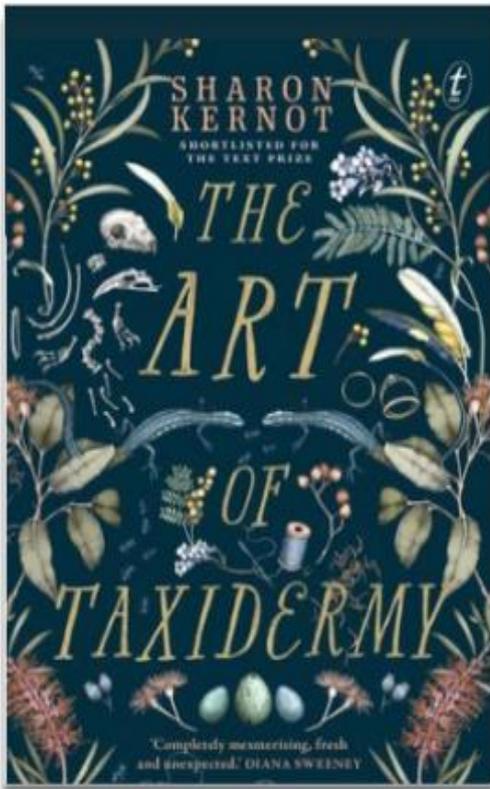
FROM THE LIBRARY

## Student eBook Of The Week



Secondary Schools

Aug 12 2019



<http://bit.ly/2MfpbiT>



THE CHILDREN'S  
BOOK COUNCIL  
OF AUSTRALIA  
SINCE 1945 — YOUR CONNECTION TO STORY

Older Readers  
Shortlist 2019

Lottie collects dead creatures and lovingly cares for them, hoping to preserve them, to save them from disintegration. Her father understands—Lottie has a scientific mind, he thinks. Her aunt wants it to stop, and she goes to cruel lengths to make sure it does.

The Art of Taxidermy is a heartbreaking verse novel exploring love and death, grief and beauty, and the ways we try to make sense of it all. A novel about one girl's struggle for justice.

ACEN OverDrive  
Audio & eBooks

Years 8 - 10



learning exchange

Mrs Belinda Sefton  
Teacher Librarian



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## STUDENT NEWS

### Year 10 Retreat



Last Monday the 5th of August, year 10 went on our retreat to Katoomba conference centre. The day was run by Chris Doyle and was lots of fun, nothing like I expected. Chris brought music into the day creating a fun and inclusive environment. We discussed faith and how we look at life, we talked about appreciating what we have and making decisions which open ourselves to opportunity. I feel the day brought the group together, Chris brought people up to sing or play guitar and the support and encouragement from the group was uplifting and demonstrated our College spirit. The day was relaxing, and I feel we all got the opportunity to come together as a year group and be ourselves. Through some of the activities, I saw myself and my peers step out of their comfort zone and I got to see sides of people which I haven't seen before. One part of the day which especially stood out to me was when we had a "hug fest" where we went around and hugged everyone wishing them a great life, I feel that with such a small action I became closer to so many people in my year group.





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Our retreat day, although it was a spiritual and faith-based day, our faith and beliefs were celebrated in a variety of ways such as music and activities and by being together. We had time to stop and think about ourselves and our faith. Overall, I really enjoyed this day. I feel it was a time where I could be myself and have fun with my close friends and people which I may not have talked to before.





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CREATIVE ARTS

St Columba's Catholic College

## & TAS SHOWCASE 2019

Wednesday 4th September 2019, 4pm - 6.30pm

Showcasing: HSC Drama & Music Performances,  
Exhibition of HSC Body of Works, Photography  
and Industrial Technology Timber projects.

Refreshments supplied by  
Year 10 Food Technology



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Last week we farewelled Ryuto Okada, our Youth Ambassador from Sanda City. He thanked St Columba's for hosting him and the Sister City committees for the opportunity. Ryuto received gifts from our College Principal. He really enjoyed his time with our College community, especially attending classes with his host brother Stephen Graham (Yr 10). We would like to thank Stephen's family for their generosity in hosting Ryuto. Before he left, Ryuto gave a presentation about Japan to the Yr 10 Japanese class.

We wish Ryuto all the very best in the future and hope he returns one day to Australia!



**Mrs Shizue Sato**  
**Leader of Learning, LOTE**



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## CAREERS NEWS



## APPRENTICE INFORMATION SESSION

### We're looking for our next generation of apprentices!

Join us for an Apprentice Information Session at our Seven Hills head office. Chat to our current and former apprentices about the opportunities available to you.

Book now by visiting [bit.ly/2wqlb3L](https://bit.ly/2wqlb3L).  
Hurry, spots are limited!

### WHEN

Thursday, 26<sup>th</sup>  
September

### WHERE

16 Distribution Place,  
Seven Hills, NSW

### TIME

4pm - 6pm



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## UNIVERSITY

### **ANU Open Day**

31 August. 9am to 4pm

The ANU Admissions, Scholarships & Accommodation. Information on what it is like to study at ANU. University open days are the best way to sample the educational, cultural and social experience at university and ANU Open Day is no exception. Here's a taste of what you'll experience at ANU Open Day.

<https://www.anu.edu.au/study/events/open-day-2019>

and video on:

<https://www.anu.edu.au/study/events/open-day-2019/see-yourself-at-anu-open-day>

### **Undergraduate Physics Scholarships at Australian National University**

Scholarships and grants are provided to assist students with the cost of their studies.

Scholarships vary in value and may be offered to cover some or all of the costs associated with tuition, accommodation, materials, cost of living and other expenses

<https://physics.anu.edu.au/study/scholarships/>

### **ANU - Physics Project Market Day**

13 August. 11.30am - 2pm

Oliphant building (#60)

### **Are you interested in doing physics research at the ANU?**

[Find a project »](#)

For more information contact [market.day.rspe@anu.edu.au](mailto:market.day.rspe@anu.edu.au)

As part of science week 2019 Physics ANU presents 'Physics Project Market Day'. Over 60 ANU physics academics will present posters detailing their research with more than 100 student projects at all levels on offer including:

- Undergraduate:
  - Summer scholarships
  - 3rd year physics research projects
  - PhB Advanced study courses
  - Honours projects

[https://physics.anu.edu.au/study/projects/market\\_day.php](https://physics.anu.edu.au/study/projects/market_day.php)

### **2 x Engineers Australia's Camps available for Students**

Registration is open for 2 major events for students who love using their knowledge of Maths, Science & Technology to solve problems! 1. Experience It! Girls Years 7-10. 8 workshops/8 Unis/8 Engineering cos. 2. Honeywell Summer School - Year 11. A Residential 5 day immersion. Contact: [nswregistration@engineersaustralia.org.au](mailto:nswregistration@engineersaustralia.org.au).

### **MedView Medical School Admissions Seminar**

A wide range of dates and locations



# The Dove

Are you considering studying medicine in Australia? We're inviting you to come along to our free information session. We'll provide you with the insights, tips and tricks into everything there is to know about applying for and attending medical school in Australia. Delivered by current medical students, the presentation will include:

1. Why choosing a career in medicine might be right for you
2. How to get into and information on applying to direct-entry Australian medical schools

<https://www.eventbrite.com/o/medview-11179498502>

## **Speech & Audiology Info Evening at Macquarie University**

3 September. 6.00pm to 7.30pm

The Australian Hearing Hub, Level 1 Lecture Theatre, 16 University Avenue, Macquarie University

Discover how you can become a qualified audiology or speech pathology professional with a master's degree from Macquarie University. There is currently demand within Australia and internationally for qualified professionals in speech pathology and audiology. Macquarie offers outstanding professional entry programs at master's levels in both areas. Come along to our free information session to learn more about the scope of these professions, to discover how Macquarie can help you build your career and to meet academic staff and current students. Our previous applicants have included graduates from related areas such as psychology, linguistics, speech and hearing science, and biological and biomedical sciences, but we also encourage applications from other disciplines.

<http://events.mq.edu.au/events/audiology-and-speech-pathology-information-evening/event-summary-7ba454acfb2541b39a45946ea109a79b.aspx?dvce=1>

## **Scholarships for Y12 Students Quantity Surveyors**

Closes 31 October

The Australian Institute of Quantity Surveyors (AIQS) offers a number of scholarships each year for Year 12 students who qualify for entry into a Quantity Surveying, Construction Economics, Construction Management (Economics) or other appropriate course at an AIQS accredited university in Australia. Call 02 8234 4000.

[https://www.aiqs.com.au/IMIS/AIQS\\_Website/Public/Careers/Scholarships.aspx?WebsiteKey=28979776-1c14-4b3c-a806-02054cef0de4&hkey=f51d7a9b-7ea1-4bd3-af69-d3262b4bb947&utm\\_source=CAA\\_NSWACT](https://www.aiqs.com.au/IMIS/AIQS_Website/Public/Careers/Scholarships.aspx?WebsiteKey=28979776-1c14-4b3c-a806-02054cef0de4&hkey=f51d7a9b-7ea1-4bd3-af69-d3262b4bb947&utm_source=CAA_NSWACT)

Application form here:

[http://aiqs.informz.net/AIQS/data/images/2019\\_AIQS%20Scholarship%20Application%20Form.pdf](http://aiqs.informz.net/AIQS/data/images/2019_AIQS%20Scholarship%20Application%20Form.pdf)

## **Uni of Newcastle Yr 12 Subject Spotlight - Early Offer Program**

We believe that your ATAR doesn't define who you are – it is your unique passions, abilities and ambitions that matter. Our Year 12 Subject Spotlight program rewards you with an early offer for your hard work and strong results in one or more subjects related to your degree. So, you can take some of the stress out of your final school exams, knowing your ATAR isn't all that matters. There is no separate application for the program – simply apply through UAC and have UON listed as your first preference at midnight on December 16 2018 to qualify. Choose your preferred degree from the drop-down menu below to see what subject marks you'll need to receive an early offer.



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<https://www.newcastle.edu.au/study/undergraduate/getting-in/entry-schemes/subject-performance-scheme>

## **Generous Scholarships Available for Undergraduate Nursing Students at the University of Sydney**

Every year, the University of Sydney offers 6 scholarships for students starting the Bachelor of Nursing (Advanced). Scholarships are available for rural, regional and indigenous students, as well as students from greater Sydney and cover course fees and relocation costs throughout the length of the degree. <http://sydney.edu.au/scholarships/domestic/bachelors-honours/faculty/medicine-health.html>.

## **Bachelor of Music Early Offer**

The early offer pathway into the Bachelor of Music is now open! To be eligible for this students need to book in an audition through the Western Sydney University online booking system. For more information please visit: <https://www.westernsydney.edu.au/future/study/how-to-apply/music-applicants.html?cid=em:2019musicauditions-group2>.

## **Design Portfolio Day**

If your students are looking for a career in design, they can secure an early offer into our Bachelor of Design (Visual Communication). They will need to attend an interview and present a portfolio of their original creative work. To register please visit:

<https://www.westernsydney.edu.au/future/student-life/events/design-portfolio-day.html>.

## **St Andrew's College (University of Sydney) Scholars Program Applications**

Closes 9 August

Applications for the St Andrew's Scholars Program are due on 9 August. Successful applicants will be awarded full scholarships to the College for their entire degree. If students cannot complete their references in time, they can seek an extension for that component of their application. Undergraduate Prospectus: <https://bit.ly/2yzstEH> Program Info / Contacts: <https://bit.ly/2MIYrv>.

## **University of Tasmania Open Day**

1 September

Rozelle

The University of Tasmania is holding a Sydney Open Day. Highly regarded, fast tracked nursing and paramedic courses, this is an ideal opportunity for students to see what our campus and courses have to offer. Register now from here: <https://www.utas.edu.au/open-day>. You can email [alexander.hoysted@utas.edu.au](mailto:alexander.hoysted@utas.edu.au) should you have any questions.

## **Science and Engineering Indigenous Pre-Program Digital Launch**

2 December 2019 - 9:00am to 18 December 2019 - 5:00pm

The UNSW Science and Engineering Pre-Program is an opportunity for Indigenous students looking to explore and apply for entry into an undergraduate degree. The program is a collaboration between the Faculties of Science, Engineering and Nura Gili, UNSW's Indigenous Programs Centre.

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To find out more about the program or ask any questions please email Tierney Marey, Science Equity, Diversity and Inclusion Project Officer at [t.marey@unsw.edu.au](mailto:t.marey@unsw.edu.au) or Engineering's Associate Dean of Equity, Diversity and Inclusion at [lucy.marshall@unsw.edu.au](mailto:lucy.marshall@unsw.edu.au)  
<https://www.engineering.unsw.edu.au/all-events/science-and-engineering-indigenous-pre-program-digital-launch>

## **iCanMed Free Parent Seminar: Guide to Medical and Dentistry School Entry**

18 August. 10.00am – 4.00pm

The University of Notre Dame, Sydney, 128-140 Broadway, Chippendale

Up to Year 11. This parents-only seminar is a 2.5-hour session that covers all aspects of medical and dental entry (especially UCAT, interview, medical applications, and the academic challenges of Year 12), as well as a quick overview of medicine as a profession. The seminar will be more than an informative session, as Michael Tsai (iCanMed's co-founder) will be sharing insights gathered from his last 11 years of working with thousands of students regarding the student mentality, the role of parents, and the ideal preparation timeline. Michael will introduce this preparation timeline by explaining what each medical entrance assessment requires, the do's and don'ts of preparation, and common misconceptions.

<https://www.eventbrite.com.au/e/icanmed-free-parent-seminar-syd-complete-guide-to-successful-meddent-entry-year-11-below-tickets-63217484197>

## **Simulated UCAT Day Workshops**

Are you in year 10, 11 or 12 and considering career in medicine or dentistry? You may benefit from attending one of NIE's Simulated UCAT Day Workshops.

The events will be conducted by the National Institute of Education in partnership with UCAT Preparation Australia, MICAS (Medical Interviews and Career Advise Services) and PTTI (Pro Training Tutorial Institute).

The workshop is designed to cover fundamental techniques in navigating all five sections of the newly introduced UCAT test. Students will spend the days with one of our specialist teachers in the field and will be able to ask questions and address any concerns they may have about the test. The 5 sections of the new UCAT test, which will be covered at the workshop are listed by going to this link.

<https://www.nie.edu.au/ucacourses/simulated-ucac-day-workshop>

## **Study Medicine –Deadline Update for 59 Aust. University Degrees Leading to Medicine**

19 August

Find the latest deadline information “The depths of winter and it's busy – particularly for graduate and international applicants” in Study Medicine

<https://www.studymedicine.com.au/deadline-info>. Full details of important university deadlines for August for degrees leading to medicine can also be obtained and downloaded by subscribing to Study Medicine. Email: [admin@studymedicine.com.au](mailto:admin@studymedicine.com.au).

## **Indigenous Australian Engineering School (IAES)**

5–11 January 2020

Years 10, 11, 12

The Indigenous Australian Engineering School is an annual event established by Engineering Aid Australia. Open to 20 Aboriginal and Torres Strait Islander students entering Years 10, 11 and 12, the six-day live-in school gives students a taste of engineering as a university course and career. It involves hands-on and challenging activities within the Faculty of Engineering as well as site visits to engineering companies.

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For more information about the Indigenous Australian Engineering School, please contact:  
Faculty of Engineering and Information Technologies. Applicant enquiries at:

[iaes@sydney.edu.au](mailto:iaes@sydney.edu.au)

<https://sydney.edu.au/engineering/study/why-study-here/high-school-students/years-11-and-12.html>

Uni Survival Guide

Nearly all your needs and all the answers to your questions in great blogs in one place.

<https://cef.org.au/university-survival-guide/>

## **TAFE**

### **TAFE NSW Open Day Is On**

Your students can join us at one of our Open Days on Saturday, 14 September from 9am to 1pm. We can help them kickstart their career, become an aspiring apprentice, or gain exciting new skills for the job they want. There will be talks, demos, food, entertainment and more. Your students can pre-register and jump the queue when checking in on the day:

<https://events.tafensw.edu.au/open-day>.

MIGAS Pre-Apprenticeship Training Program

MIGAS specialises in skilled and traditional trade apprenticeships and traineeships. That means we are always looking for people interested in pursuing a career in trade related industries such as:

- Air-conditioning and refrigeration
- Automotive
- Building and construction
- Electrical
- Energy
- Engineering
- Manufacturing
- Mining
- Telecommunications
- Warehousing, transport and logistics

To enquire about this role or other currently advertised positions, please phone our recruitment on 1300 464 427.

<https://www.migas.com.au/apprenticeships/>

Canberra Institute of Technology (CIT) Open Day

31 August . 9.00am to 3.00pm

37 Constitution Avenue, Reid, ACT

CIT invites you to attend CIT Open Day on Saturday 31 August 2019 to experience life as a CIT student. Open Day is your chance to ask questions about your future course, meet our staff and get a feel for CIT life. There will be plenty of information, displays and demonstrations available.

[https://cit.edu.au/news/open\\_day\\_2019](https://cit.edu.au/news/open_day_2019)

Canberra Institute of Technology Studio 19

Thursday 12 September 2019

CIT Creative Industries open house where students can meet our professional staff, use CIT's first class industry standard facilities and find out what it's like to be a CIT student for a day. Students can choose up to 3 of our one-hour workshops in the below discipline areas:

**St Columba's Catholic College, Celebrating over 40 years of Education**

 168 Hawkesbury Road Springwood 2777  Postal: PO Box 7 Springwood 2777  Phone 4754 8900  Fax 4754 8999



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- Photography
- Graphic Design
- Visual Arts
- Fashion
- Interior Design
- Building Design
- Screen and Media
- Music
- Sound Production
- Specialised Make-up

<https://cit.edu.au/courses/creative/studio19>

## **COLLEGES**

### **SAE Information Night**

Sydney - 28 November. 6pm to 8pm

Byron Bay - 28 November. 4pm to 7pm

Find your true calling with the leading global specialist in creative media education.

We're opening the doors of our state-of-the-art, campus as an opportunity for you to check out the facilities and equipment, meet with lecturers and ask any questions you might have about studying at SAE before the next intake in January.

Sydney: <https://sae.edu.au/news-and-events/events/info-night-sydney-campus-november-28-2019/?date=2019-11-28&id=1029>

Byron Bay: <https://sae.edu.au/news-and-events/events/info-night-byron-bay-campus-november-28-2019/?date=2019-11-28&id=1031>

### **Study Interior Design - Sydney Design School Info Session**

Wednesday 11 September 6pm

Thursday 3 October 1pm

Level 2/40 Oxley St, St Leonards.

If you're passionate about becoming an Interior Designer or Interior Decorator then we invite you to come into our studios to learn more. Join us for a free 40 minute Info Session and find out which course is best for you. Study day or evening, on campus or online. Register online:

<https://sydneydesignschool.com.au/information-sessions/>

### **William Angliss Institute Sydney Open Day**

Saturday 17 August. 10am-2pm

Level 1, 11 Bowden St Alexandria

If you're considering an exciting career in Foods, Tourism, Hospitality or Events, be sure to visit us at our annual Sydney Open Day. Get ready to take part in engaging masterclasses, learn how to plate like a chef, and eat delicious food! Register now at [angliss.edu.au/study-with-us/meet-us/sydney-open-day/](http://angliss.edu.au/study-with-us/meet-us/sydney-open-day/).

### **AFTT High School Workshops are Selling Out Fast**

AFTT's Performance and Film workshops allow high school students in years 9-12 to learn what studying at AFTT is really like. These hands-on, one day workshops run in the October school holidays giving students the chance to visit our campus and use state of the art equipment to develop their skills. Programs fill very quickly, get your tickets:

<https://www.aftt.edu.au/events/highschoolworkshops>.

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## **Macleay Open Day In Sydney Is Around The Corner**

24 August

Macleay College would like to invite you to their upcoming Open Day at their Sydney campus. We'll be kicking off at 9:30am for registration, followed by faculty presentations from 10:00am to 12:00pm. During the day you'll also have the chance to get personalised advice about your future in a casual ask anything environment. <https://www.macleay.edu.au/openday-sydney>.

## **Bachelor of Data Science at S P Jain**

85 minimum ATAR. Other entrance options offered. SP Jain's Bachelor of Data Science (BDS) is a 3-year\* course designed to prepare graduates who can conduct data-driven investigations, and conduct visual and advanced analytics by acquiring and managing data of all types. Through this course, graduates will develop an in-depth understanding of data science and the techniques for analysis of quantitative and qualitative data to arrive at solutions. They will be able to identify patterns, predict trends and analyse data from sectors such as manufacturing, banking and finance, retail, and healthcare.

<https://www.spjain.edu.au/programs/undergraduate/bachelor-of-data-science>

## **The Hotel School to host Scholarships Day**

Closes 25 October

Are you passionate about Hospitality and Tourism?

Do you want to join the fastest growing industry in Australia and in the World?

This is your chance to join a growing industry through The Hotel School scholarship program.

The Hotel School's scholarships program is for students at Sydney, Melbourne & Brisbane campuses.

<https://hotelschool.scu.edu.au/apply/scholarships/>

## **Soar Aviation Pilot Training Open Day**

Sydney - 10 August. 2pm

Melbourne - 13 September

Learn the foundation of pilot training with the Diploma of Aviation (CPL-Aeroplane) AVI50215 courses. Receive a guided tour of our flight training facilities, experience our modern aircraft fleet and meet our passionate team to discuss your flight training goals and options. Register your attendance below.

<https://soar.edu.au/open-days/>

## **EA Ski & Snowboard Training**

Become a qualified ski or snowboard instructor and get a guaranteed paid job offer.

All in one season.

Over 30 world class resorts in 5 countries. Guaranteed ski instructor job offer after successful training. Accommodation included while you train with lift pass. Internationally recognised qualifications.

<http://courses.easkiandsnowboard.com/skiing-instructor-courses/>

## **Academy of Interactive Entertainment (AIE) - Online**

31 August

If you have ever wanted to study 3D animation, game design or VFX for film online with AIE then our Online Experience Day is an ideal opportunity to find out more! Course overview sessions will be running on the range of online courses in 3D animation, game art, game programming



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and game design offered by AIE. You will get to participate in workshops, guest speaker talks and much more. Have a question? Don't worry, pop by and one of our friendly staff from AIE online will be more than happy to assist. With classes starting all the time, starting your career as a game developer or 3D animator has never been easier. Register now for this free event.

[https://aie.edu.au/aie\\_event/online-experience-day/](https://aie.edu.au/aie_event/online-experience-day/)

Excelsia College Sydney Open Day – Music, Drama, Film, Set and Costume Design

31 August

69-71 Waterloo Road, Macquarie Park

Staff, students and community are invited to discover the course and career opportunities with a day of excitement, information and fun at the Macquarie Park campus.

<http://openday.excelsia.edu.au/>

## **GENERAL**

### **iEntrepreneur Project**

The iEntrepreneur project is a two day workshop to encourage teams of students to create opportunities to experience the values and benefits of entrepreneurial learning, design thinking, risk taking and innovation. EOI closing date: Friday 23 August 2019. To register your school or for more information go to: <https://beta.dec.nsw.gov.au/schoolbiz/issues/year-2019-issue31/eoi-ientrepreneur-project>.

### **HSC Enrichment Day**

This event will provide students with the opportunity to secure an early offer into one of our Geography or Society & Culture related degrees, whilst helping to prepare them for their HSC exams. For more information please visit: <https://www.westernsydney.edu.au/future/student-life/events/hsc-enrichment-day.html?cid=em:2019hscenrichmentday-group1>.

### **Focused HSC Workshops These October Holidays From Senior Teachers and Exam Markers**

InspirED (formerly HSC in the Holidays) are running a series of workshops to help year 12 students prepare for HSC exams. These subject-specific sessions are presented by senior teachers and exam markers to give students insight into how to maximise exam marks. Held at UTS, Macquarie, UON and UOW. Register beforehand at <https://inspired.edu.au/our-program/hsc-september-workshops/>.

### **teach.MathsNOW Scholarships**

Closes 13 September

You could get paid to study to become a [mathematics teacher](#) in a NSW public school. The department's teach.MathsNOW scholarship program is available for current university students and industry professionals interested in a career in mathematics teaching. The scholarship will provide you with up to \$50,000 equivalent upfront course contribution fee, part time employment while you study and guarantee a permanent teaching job.

<https://teach.nsw.edu.au/getpaidtostudy/teachmathsnow>

### **Teach Incentive Scholarships**

Closes 18 October



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Final year teacher education students, get paid in your last semester of study to become a teacher of a [high-demand subject area](#).

Up to 40 Incentive Scholarships are available to future teachers of [mathematics](#), [science \(with physics\)](#), selected [Technological and Applied Studies \(TAS\)](#) subjects and [special education \(K-12\)](#).  
<https://teach.nsw.edu.au/getpaidtostudy/incentive-scholarships>

## **AUG Sydney Education, Migration & Internship EXPO 2019**

17 August. 1.00pm to 5.00pm

- Exploring further study or internship options ?
- Seeking for Post Study Work Visa and Migration Options Information?
- Attend and get more information about Australian Educational Institutions, TAFE Courses, NAATI Program, Professional Year Program, Migration Information and many more!
- VTAC / UAC / QTAC / SATAC Information Day
- Professional Further Study, Migration and Internship Advices for International Students, Opportunity for Face to Face Consultation with Australian Institutions Representatives.

<https://augstudy.com/eventbrite-event/aug-sydney-education-migration-and-internship-expo-2019/>

## **Student Life in the Tertiary World**

Choosing what to study and where to study is really just the tip of the iceberg. Once you've finally made the big decision and turned up for your first day, student life is everything that follows. Your time as a student is a whole lot more than just showing up to class and displaying a diploma on your wall. Rather, it's about the complete picture and what you get out of your experience, including minor ups and downs and the general challenges that come with taking time out to complete post-compulsory education.

<https://www.gooduniversitiesguide.com.au/study-information/student-life>

## **How to get Industry Experience While You are Still Studying.**

It's never too early to start thinking about getting your foot in the door. University can be a tad overwhelming for new students but once you've become settled, it's a good idea to keep an eye out for any workplace opportunities.

Whether it's through an internship, volunteering, work experience or a combination of all three, getting ahead is entirely possible while you're still studying.

<https://www.gooduniversitiesguide.com.au/education-blogs/career-guidance/how-to-get-industry-experience-while-youre-still-studying>

## **Meat and Livestock Careers**

The meat and livestock industry plays a huge role in Australia's wealth creation. Be part of it. Use this site to find more information on different jobs and opportunities. To apply for a role at MLA, select the role from our list of current opportunities and 'apply' to create a profile and submit your application. You can register your details and set up a job alert for future opportunities.

<https://www.mla.com.au/about-mla/careers-at-mla/#>



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## Australian Merchant Navy

See what life is like and what you need to do to be part of the exciting world in the merchant navy.

<http://australianmerchantnavy.com/>

## Sports People - Employment in Sport

Established in 1996, Sportspeople was the first agency in Australia to offer a specialised sport recruitment service. Today Sportspeople remains a highly specialised agency offering a range of recruitment services to the broader sport, fitness and aquatics sector throughout Australia and New Zealand.

<http://www.sportspeople.com.au>

## Archaeological Science in Action

31 August. 9am to 4pm

Nicholson Museum, The University of Sydney

Experience this interactive display of our latest technology in archaeological science, such as 3D modelling and microscope imaging.

<https://openday.sydney.edu.au/full-program/179-archaeological-science-in-action-2019-08-302300000000/>

## Choosi Futures Grant Program

Closes 31 October

To be eligible, you must be enrolled full-time in an accredited Australian Education Institution and be studying for a certificate, diploma, degree or traineeship in any of the following wide variety of areas of Medicine, Health Sciences & Healthcare. You must have reached 18 years of age to enter. Value: \$5,000. To apply for the **Choosi Futures Grant Program**, you will need to write an essay (maximum 500 words) on why you want to work in your selected industry and the difference you hope to make in your particular field of study.

<https://www.choosi.com.au/grants>

## The Ian Potter Cultural Trust Grants

Closes Tuesday 10 September

The Cultural Trust is committed to encouraging excellence and supporting a vibrant, world-class arts scene in Australia. The Cultural Trust offers grants up to \$10,000 to assist talented emerging and early career artists to take up professional development opportunities, usually overseas.

We support applicants who can demonstrate both initiative and exceptional talent, together with an ability to convert their ambitions to reality. In particular, we are looking for well-researched and planned projects that make the most of the time spent overseas.

<https://www.ianpotterculturaltrust.org.au/apply-for-a-grant/>

**Dr John Taccori**  
**Careers Advisor**

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 168 Hawkesbury Road Springwood 2777  Postal: PO Box 7 Springwood 2777  Phone 4754 8900  Fax 4754 8999



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## UNI OPEN DAYS 2019

<b>Australian Catholic University</b> acu.edu.au Canberra 31 August North Sydney 24 August Strathfield 7 September	<b>Mackay College</b> mackay.edu.au Surry Hills 24 August	<b>University of Canberra</b> canberra.edu.au Bruce 31 August
<b>Australian College of Applied Psychology</b> acap.edu.au Sydney 1 May, 22 August, 27 November	<b>Macquarie University</b> mq.edu.au North Ryde 17 August	<b>University of New England</b> une.edu.au Armidale 10 May
<b>Australian Maritime College</b> amc.edu.au Launceston 10 August Hobart 3 August	<b>MIT Sydney</b> mit.edu.au/open-day Sydney 24 August	<b>University of Newcastle</b> newcastle.edu.au Port Macquarie 15 August Central Coast (Ourimbah) 3 August Newcastle (Callaghan) and Newcastle City 31 August
<b>Australian National University</b> anu.edu.au Canberra 31 August	<b>National Art School</b> nas.edu.au Darlinghurst 7 September	<b>University of Sydney</b> sydney.edu.au All campuses 31 August
<b>Charles Sturt University</b> futuarestudents.csu.edu.au/events Orange 6 September Bathurst 4 August Port Macquarie 25 August Albury-Wodonga 18 August Dubbo 30 August Wagga Wagga 11 August	<b>SAE Creative Media Institute</b> sae.edu.au Sydney and Byron Bay 11 August	<b>University of Technology Sydney</b> openday.uts.edu.au City campus, Ultimo 31 August
<b>COUniversity</b> coqu.edu.au/openday Sydney 22 August On line Chat available 3-6pm 30 April, 23 May, 18 September, 10 October, 26 November	<b>SIBT</b> sibt.nsw.edu.au For campus tours/appointments and course information call (02) 9964 6666 or visit sibt.nsw.edu.au	<b>University of Wollongong</b> openday.uow.edu.au Wollongong 3 August
<b>Griffith University</b> griffith.edu.au/open-day Gold Coast, Nathan and South Bank 11 August	<b>Southern Cross University</b> www.scu.edu.au/opendays Coffs Harbour 16 August Lismore 17 August Gold Coast 18 August	<b>UNSW Sydney</b> unsw.edu.au UNSW Sydney 7 September UNSW Canberra 24 August
<b>International College of Management, Sydney</b> icms.edu.au Manly 11 August	<b>TOP Education Institute</b> top.edu.au For a campus tour call (02) 9209 4888	<b>Western Sydney University</b> westernsydney.edu.au Paramatta City campus 18 May Paramatta South and Paramatta City campuses 18 August Liverpool City campus 21 September
<b>La Trobe University</b> latrobe.edu.au Shepparton 2 August Melbourne 4 August Mildura 14 August Albury-Wodonga 18 August Sydney 22 August Bendigo 25 August	<b>Torrens University Australia</b> torrens.edu.au Torrens University 17 August Media Design School 11 May, 17 August William Blue College of Hospitality 17 August Billy Blue College of Design 11 May, 17 August Blue Mountains International Hotel Management School 7 September	



# Arts Factor 2019

## CAPTURVATE

CAPTURVATE is a brand new opportunity for students who feel passionately about the creative arts but prefer to be behind the camera instead of on the stage and enjoy working creatively as a team with actors and crew. Students have the opportunity to create and submit a short film to CAPTURVATE. The best films will be selected and shown on the big screen at a short film festival in Term 4.

**Who:** Any CEDP School

**When:** Submissions Due - 27 September, Term 3 Week 10  
CAPTURVATE Film Festival - Term 4

**What:** A group of students - on their own (or with the support of a teacher) devise, produce, film and edit a short film. Technical specifications and support material will be provided to schools who express interest in this event. It is advisable that the films have:

- 1-4 actors, 1 Camera Operator, 1 Sound Operator & 1 Director

CAPTURVATE Short Film Categories		
CATEGORY	SHORT FILM REQUIREMENTS	TIME LIMIT
<b>Film Featuring a Set Object</b> Primary Secondary	On their own or with the support of a teacher, students devise, produce, film and edit a short film featuring a set object. The object for 2019 is a BALL.  The short film may include dialogue, music, graphics and special post-edit effects. The film can follow any storyline but must include a BALL. The Ball can be a part of the main storyline or simply featured in some aspect of the film. The film doesn't have to be "about the ball" but can be if that idea works for you. Remember a ball could be so many things including:  A tennis ball, a beach ball, a soccer ball, a basketball, a cricket ball, a softball, a volleyball, a golf ball, a masked ball, a ball of dough, a cannon ball, a ball gown, Italian meatballs or a crystal ball!	3mins
<b>Open Category</b> Primary Secondary	On their own or with the support of a teacher, students devise, produce, film and edit a short film any style and on any subject matter. The short film may include dialogue, music, graphics and special post-edit effects.	3mins



For further information or to register your interest please contact [captivate@parra.catholic.edu.au](mailto:captivate@parra.catholic.edu.au)

### CathWest Innovation College

From 2020 Loyola and McCarthy Catholic Trade Training Centres will become part of CathWest Innovation College. Parents and students are invited to attend the upcoming CathWest Innovation College information events to learn more, details below:

Date: **Tuesday 20 August and Wednesday 4 September**

Time: **4.00pm to 8.00pm, presentations at 6:00pm and 7:30pm**

Location: **CathWest Innovation College**

**Loyola Campus**

**91 North Parade Mount DrUITT**

Building on the achievements of both Trade Training Centres as well as Loyola Senior High, CathWest will offer exciting new options for students from Year 10. Professional mentoring, industry partnerships, work placements and recognised qualifications will support this learning.

McCarthy Catholic Trade Training Centre in Emu Plains will become the 'McCarthy Campus' of CathWest Innovation College, and Loyola in Mount DrUITT will be known as CathWest Innovation College, 'Loyola Campus'. With innovative pathways for students alongside the current trades training pathway, CathWest Innovation College will have a strong focus on developing skills for success.



Parents Representative Council

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## Building Young People to Face Modern Day Challenges

James will speak to the modern day challenges facing our young people as revealed through a number of recent national and local surveys, Diocesan student forums and countless candid conversations with young people in the Diocese of Parramatta. James presentation will explore a culture of belonging, Wellbeing and positive engagement. He will outline what and how his team is able to assist young people to face these modern day challenges.



High school aged students are invited to attend with a caregiver or parent.

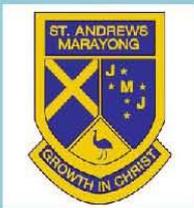


Our guest speaker for the evening is:

# JAMES CAMDEN

Director of Catholic Youth Parramatta

Register FREE now: [www.prc.catholic.edu.au](http://www.prc.catholic.edu.au)



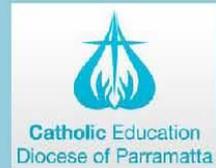
### Monday, 26<sup>th</sup> August 2019

Doors open: 6:30pm for 7:00pm (2 hours)  
(PRC General Meeting - will be held prior to guest speaker)

St Andrews Primary School,

36 Breakfast Rd, Marayong, NSW 2148

Light supper and refreshments will be provided, and a lucky door prize will be up for grabs!



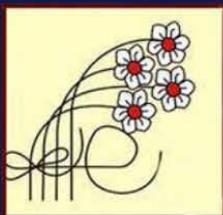
[www.prc.catholic.edu.au](http://www.prc.catholic.edu.au)



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THANK YOU TO OUR 2019 SPONSOR

## Floral Expressions

For details on the School fundraising program

Call Charles Lukasik on 02 9683 1116

