



# The Dove

**Term 3**  
**Friday 7<sup>th</sup> August, 2015**  
**Volume: 43 No: 12**

"IT'S ALL ABOUT LEARNING  
AND HAVING HIGH EXPECTATIONS  
OF OURSELVES AND EACH OTHER"

## *In this issue:*

1. Principal's Address
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## *Upcoming Events:*

### **Week Five**

#### **Mon 10 Aug 2015**

- 15:30 Yr 12 Society & Culture HSC Learning help
- Year 11 SOR 2 Excursion to Auburn Gallipoli Mosque
- PDSSSC AFL U14 Gala Day

#### **Wed 12 Aug 2015**

- Year 12 English Ext 2 Workshop
- 15:00 Yr 12 Study Afternoon

#### **Fri 14 Aug 2015**

##### **Staff Development Day**

- PDSSSC Dance Comp - Joan Sutherland PAC

#### **Sun 16 Aug 2015**

- 11am Vietnam Veterans March, Meet at Springwood Fire Station

### **Week Six**

#### **Mon 17 Aug 2015**

- 15:30 Yr 12 Society & Culture HSC Learning help
- NSWCCC Knockout Q Finals

#### **Tue 18 Aug 2015**

- NSWCCC Netball Championships

#### **Wed 19 Aug 2015**

- Yr 10 Italian Dist Ed Tutorial Day
- 15:00 Yr 12 Study Afternoon
- PDSSSC Athletics Carnival – Blacktown Intl Sportspark
- 5-7pm Resilience Doughnut – Parent Forum, Brauer Hall

#### **Fri 21 Aug 2015**

- Creative Arts Night

## *Dear members of the St Columba's community*

### **Time Management**

Managing time for everybody is a real skill and finding the correct balance of leisure and work in our lives is something that each one of us must learn. Increasingly, generations of young people are finding it more difficult to balance the simple aspects of life and find that they are overwhelmed when it comes to commitments around their learning. It seems that one of the first things to be compromised is sleep and some students arrive each day at the College having little more than four to six hours of sleep. This then impacts on their ability to fully participate in the learning process and has a detrimental effect on their ability to concentrate and focus on retaining the information and learning they need to build on the work and skills being developed in their classes.

In light of the above statement, how is your son or daughter managing their lives?

How much time is actually being spent on their learning each day at home?

- How much time is spent on some of the social networking sites like, Facebook, Twitter?
- How much television do they watch each day?
- How many hours do they commit to training for a sporting team?
- If they have a part-time job, how many hours do they work each week?
- How much time do they spend playing computer games?
- How much time do they spend texting their friends or talking on the telephone?
- How much time do they spend on Learning Preparation (Homework) each night?
- What time do they go to bed each night, and how much sleep are they getting?

As parents, I believe we have a responsibility to help our young to get this balance right and yet we're often put in a position where our help and advice is ignored, however, we can't give up. We have only arrived at the age we are today because we have learnt a thing or two about life and it's this wisdom that needs to be heard.

Could I ask all parents to take some time during this next week to 'check out' how your son or daughter is balancing life's commitments?

## The house that education builds

There is a story of a wealthy man who called his servant in to say that he was leaving the country for a year and that, while he was gone, he wanted the servant to build him a house. The wealthy man told his servant to build the house well and, when he returned, he would pay all the bills, whatever it cost.

Shortly after the wealthy man departed, the servant decided it was foolish to work so hard and started to cut corners, spending and squandering all the money saved.

When the wealthy man returned he paid all the bills and then asked the servant,

"Are you satisfied with the house you built?"

"Yes, I am," replied the servant.

The wealthy man said, "good....because the house is yours. You can live in it for the rest of your life."

Education is the house you are building to live in for the rest of your life. Build the very best house you can!

Professor Richard Weaver

May God bless you always,

**Paul Ryan**  
**Principal**

## Vietnam Veterans March and Service - Sunday August 16th

Meet at the Springwood Fire Station at 11.00am. March begins at 11.30am; Service begins at 12.00pm at the Springwood Cenotaph.

## Resilience Doughnuts - Parent Forum

The College, in conjunction with Catholic Care, are introducing a program where students will be made aware of the factors that contribute to building resilience, and the strategies used to overcome challenges in life. Leaders of Mission and also the Student Leadership Council will be trained in delivering the program, and all students in the College will have the opportunity to take part in the program.

The facilitators of the program will be conducting a parent information night. Details below:

**When:** Wednesday 19th August

**Time:** 5.00pm - 7.00pm

**Where:** Brauer Hall.

## Calling All Mini-Bus Drivers

Can you or a friend/relative/neighbour spare a few hours to volunteer a month? a year? We wish to create a pool of mini bus drivers that we could ask to drive our mini bus for excursions. These excursions usually occur during school hours and we generally have weeks, if not months of notice prior to an event. We expect this may only require someone to drive once or twice a year. This will greatly ease the load on the number of staff required to attend an excursion. The driver will not be responsible for replacing a teacher in terms of supervising students.



If you have an LR NSW driving licence (or higher) and want more information or would like to be added to our list, please contact Mr Greg Malone on 4754-1022 or [gmalone@parra.catholic.edu.au](mailto:gmalone@parra.catholic.edu.au)

All drivers will be subject to a "Working with Children Check" and will need to supply a copy of their driving record from Service NSW on 13 22 13.



Monday 3rd August, 2015

Dear Parents/Caregivers,

I am writing this letter to you as there have been a number of queries regarding the Uniform Policy on Sports Days. As has been the case for a number of years, students who are unable to wear any part of the sports uniform, must wear the full College uniform to and from school and get changed for Sport into the parts of the sports uniform they have on that day.

During Terms 2 and 3, the students in Years 7 – 10 are required to wear the full College tracksuit with their College sports shorts and polo shirt underneath. If students are cold, they are encouraged to wear their College jumper underneath the tracksuit top. At no time is the jumper to be worn as the outside garment as is the case with the College Blazer on all other days of the week.

In Terms 1 and 4, students are required to wear the College sports shorts and polo shirt. If it is cold, students are encouraged to wear the full College tracksuit.

Students in Years 11 and 12 are expected to wear the full College uniform.

There have been many enquiries as to the College Tracksuit being sold in two separate parts. Please note that students or parents wishing to purchase parts of the tracksuit must present the other part of the tracksuit they are not purchasing, otherwise it will not be sold separately.

If you have any concerns regarding this letter or any aspect of our College uniform, please do not confront the Uniform Shop staff or our volunteers. Please contact Mr Gawthorne, Head of Mission.

Yours sincerely,

Mr Paul Ryan,  
Principal.

## From the Office

### School Fees Reminder

The due date for payment of Term 3 fees is Monday 17<sup>th</sup> August 2015. If you have not yet received your fee statement, please contact me as soon as possible on 4754 8902 to arrange for a copy to be sent home.

Please be advised that unless alternative arrangements have been made, fees are payable in accordance with the Diocesan School Fees Policy which states “all fees are due and payable within 30 days of the date the school account statement is issued.”

If you are having difficulties with the payment of your school fees it is important that you contact either me or the Business Manager to discuss payment options. The Catholic Education Office is committed to supporting families experiencing genuine financial hardship.

All outstanding fees will be forwarded to the Catholic Education Office for their attention.

School fees can be paid by Bpay, Postbillpay, cash, EFTPOS or cheque.

[Rvion@parra.catholic.edu.au](mailto:Rvion@parra.catholic.edu.au)

**Roselee Vion**  
**Senior Finance Officer**



Wednesday, August 5, 2015

## Staff Development Day

Dear Parents/Caregivers,

Please be advised, as stated in the College Newsletter and on our College Calendar, that Friday the 14<sup>th</sup> August is a Pupil Free Day at St Columba's Catholic College. The teaching staff will be engaged in a Staff Development Day on HSC Marking.

These days provide valuable opportunities for staff to update their skills and knowledge of present educational research and practices, that will ultimately benefit all students.

Yours sincerely,

Mr Paul Ryan,  
Principal.



2015

ST COLUMBAS CATHOLIC COLLEGE

21st August

5.30 to 7.30 pm

## Student News

### 2015 Creative Arts and TAS Night

This year our night will be on Friday 21<sup>st</sup> August. You are cordially invited to preview our Year 12 students' practical works for their HSC.

Drama Individual and Group Devised pieces will commence at 5.30 pm. followed by Music Performances at 7.00. pm

The Visual Arts Body of Works and Industrial Technology Timber and Furnishings projects will be on display throughout the night until 7.30 pm in the library.

Refreshments will be provided by our Hospitality students.

**Mrs Margaret Rust**  
**Creative Arts Leader of Learning**

### From Stew to Stir Fry

On Tuesday 28 July, Year 9 Food Technology attended an excursion to Sydney Living Museum: Elizabeth Farm in Rosehill. This house, which once belonged to John and Elizabeth Macarthur, is the oldest surviving building constructed post-1788 in Australia.

We took part in educational activities which gave us hands-on experience of the food practices in the times of early colonisation. Our facilitators, Susan, Louise and Naomi, guided us through the farm's pleasure and productive gardens, identifying prominent features which were important in the early colony. We tasted a range of foods that were popular in the Macarthurs' times such as macadamias, strawberry jam, beef jerky, olives and raisins. Using a variety of spices, we made our own curry powder from a traditional recipe which we were able to take home. As part of our study of food preservation, we preserved lemons which we will use in class practicals in the coming weeks. This program was an engaging experience which deeply enriched our understanding of the history of food in Australia. Many thanks to Mrs Carlin for organising the excursion and accompanying us on the day.

**By Simone Cooper and Emily Bannister**



# Sports News

## Cairns Boys' Skiing Success

Zac (11.6), Jett (9.3) and Indy (7.3) Cairns recently competed in the interschool ski race at Thredbo. They did really well going up against very elite Sydney schools such as Kings and Scotts Grammar, who have their own race coach.

Next year they should do even better as they we are all young for their age group,

Congratulations to Jett, who made it to the State Level in the Moguls Competition.



## PDSSSC Netball Gala day

On Tuesday the 21st of July, 44 students represented the school at the PDSSSC Netball Gala day. Each team played five games against schools from the Parramatta Diocese with one of our year 9/10 teams coming runner up in their division.

"We played well and had a very supportive team which tried hard. With some more training sessions, we will be more coordinated with each other. We fought well to try and beat the harder teams. We held our own against other teams like OLMC, Caroline Chisholm and Catherine McAuley and did our best ". Sarah Arnold, 7/8 Team Captain.

A special thanks to:

- Sarah Arnold, Jordan Russell, Maddison Higgins and Laura Belfanti who demonstrated fair leadership in captaining our teams.
- Maddison Cavanagh, Maddison New, Isabel Stortenbeker and Jessie McMaster for umpiring our games.
- and to Ms Thompson and Mrs Mitchell who coached our teams on the day

The girls will again be representing our school at the NSWCCC gala day, August 18th. Please wish them the best of luck

**Miss Susan Hill**





**2015 UCI MOUNTAIN BIKE & TRIALS  
WORLD CHAMPIONSHIPS**

**VALLNORD  
LA MASSANA-ANDORRA**

Wishing Luke Brame from Year 12, all the very best of luck in the upcoming 2015 Mountain Bike and Trials World Championships. He leaves for Vallnord, Andorra next week. We look forward to hearing about this latest adventure on his return in September.



# Careers

University OPEN DAY Dates: [www.openday.com.au](http://www.openday.com.au)

## UAC GUIDES HAVE ARRIVED.

See me for your copy. These University guides are only for students wanting to apply to university next year.

Unfortunately TAFE do not have a guide like this anymore. Refer to the TAFE WEBSITE FOR COURSES. But please wait until September to do this as the course list at TAFE is not yet updated for next year.

A reminder that students can apply to university via the UAC website [www.uac.edu.au](http://www.uac.edu.au)

There is a great Youtube clip on how to apply:

<https://www.youtube.com/watch?v=jo9F83czs4w>

**Notre Dame** is a private university and will only accept applications directly to them, and NOT via UAC.

Students can apply also for entry by submitting a Schools Recommendation Scheme application- now done online.

The website link will explain the process and Mr Skinner is the person to liaise with at school:

[http://www.uws.edu.au/currentstudents/current\\_students/applying\\_to\\_study/undergraduate\\_study/schoolsrecommendationscheme](http://www.uws.edu.au/currentstudents/current_students/applying_to_study/undergraduate_study/schoolsrecommendationscheme)

## "Bedford College Open Days. Business, Management and Child Care"

**29 August**, 9.30am to 1.00pm, Glebe Campus

**12 September**, 9.30am to 1.00pm, Norwest Campus

**12 November**, 5.00pm to 8.00pm, Glebe Campus

Leading Australian College for training in child care, business and management.

<http://www.bedford.edu.au/about/opendays>

## NIDA 2016 applications now open

The National Institute of Dramatic Art (NIDA) is a centre of excellence in education and training for theatre, film and television. Applications are now open for NIDA's 2016 Master of Fine Arts, Bachelor of Fine Arts and Diploma courses, and close 30 September. For full course details and to apply, visit <http://apply.nida.edu.au>.

**Australian College of Applied Psychology (ACAP) Information Evening** Australian College of Applied Psychology (ACAP) Information Evening – Wednesday 12 August 6pm. Come along to ACAP's Information night and find out more about our VET, Bachelor, Honours, Graduate Diploma and Masters programs. ACAP staff will be on hand to answer your questions. Level 5, 11 York St Sydney. RSVP at <http://www.acap.edu.au/future-students/info-sessions/> or call 1800 061 199 for info.

**UOW College - Certificate III and IV in Fitness August Intake Information Session** Find out about our Certificate III and Certificate IV in Fitness courses, view the course facilities and meet the coordinator. Event Details - August 10th, 6.30pm-7.30pm, Building 32, Room G01 (Opposite URAC Building), Northfields Avenue, University of Wollongong, Wollongong, NSW 2522. RSVP via <http://www.uowcollege.edu.au/about/fitness/index.html>.

**UNSW Women in Engineering Camp** Applications for the 2016 UNSW Women in Engineering Camp open on 4 August and close on 27 September. If you know a bright science-minded girl going into year 11 or 12 in 2016, please encourage her to apply. The five-day long residential camp involves hands-on workshops, site visits and networking opportunities. The registration fee is \$200. More information can be found at <http://unsw.to/wiec>

**ACPE Open Day** GET MOVING by heading down to our ACPE Open Day! Find out exactly where a qualification from ACPE can take you and what steps you need to take in order to succeed in the industry. PLAY TO YOUR STRENGTHS and understand how you can live your dream career in sport, health, education or dance. Our Open Day will give you all the information you need about ACPE, student life and application procedures

**Projects Abroad High School Volunteer Programmes Online Information Session** Projects Abroad invites you to join them on Wednesday 19th of August for an Online Info Session about High School Volunteer Projects over the summer of 2015/16. These programmes are designed for students in years 10 & 11. It is a free, interactive evening for students, parents and advisors alike. Register here <http://www.projects-abroad.com.au/more-info/information-events/webinars/>

**AIE Open Day | Sunday 16th August** Discover the courses designed to get you started in game development, 3D animation and visual effects at the AIE Open Day on Sunday 16th August. AIE campuses will be opening their doors to visitors eager to find out about full-time and part-time courses starting February 2016. The day will run from 10am to 3pm - <http://www.aie.edu.au/openday>

## BUILDING APPRENTICESHIP 2016 (Yrs 11 or 12)

Applications are now open for a building apprenticeship (Carpentry & Joinery) with a local firm in the Lower Blue Mountains. You MUST have a licence and your own vehicle in 2016.

Apply in writing with a resume and a covering letter to:

Shane, SK Building

Send email to: [tacks40@gmail.com](mailto:tacks40@gmail.com)



**Schindler Lifts - new apprentice open night** Looking at an Electrical Trade? Come to our apprenticeship information night. Bring your parents or guardians or come alone and find out what a career at Schindler Lifts Australia can offer you. Date: Tuesday 4th August 2015 Time: 6.00pm Location: 36 – 38 Lord Street, Botany RSVP: 31st July 2015 to [apprenticeship@au.schindler.com](mailto:apprenticeship@au.schindler.com) Contact: 02 9931 9900

### Interested in studying at an overseas university?

Students and parents can find out more at an information session on **Wednesday 19 August**.

The session starts with an overview of the application processes for the US, Canada and UK, followed by workshops on:

- Writing Effective Personal Statements for selective UK universities by representatives of Oxford and Warwick universities
- For university in Canada and the USA advice on applying by representatives of EducationUSA and Study Canada.

Representatives from the following universities and organisations will be available to provide specific advice about their entry requirements and courses, and support:

- University of Warwick • University of St Andrews • University of the Arts London • Savannah College of Art & Design • New York University • Bard College • Swiss Education Group • Athletes Agency - information on athletics scholarships

The session is from 4.30 – 7.30pm in the Alexander Hall at Kambala School, 794 New South Head Rd, Rose Bay, in Sydney.

Book through TryBooking: <http://www.trybooking.com/147879>

### For more information, contact:

Michael Charlton

Director, Media

[michael.charlton@bostes.nsw.edu.au](mailto:michael.charlton@bostes.nsw.edu.au)

(02) 9367 8248

### My Skills Website

New My Skills enhancements include:

- links to courses related to skills in demand in each state and territory
- overall student satisfaction and employment outcomes for the 230 most popular courses
- a VET FEE HELP course calculator to help people understand their financial obligation and potential future debt
- identification of sanctioned training providers
- a modern, tablet-optimised homepage design

The My Skills website is an excellent example of the Government's commitment to providing students with high quality information and support so that they can acquire the skills and training they need to secure the jobs of the future.

Link: [www.myskills.gov.au](http://www.myskills.gov.au)

### Traineeship positions in business administration, childcare, and information technology

Penrith City Council Annual Traineeship Program

**Applications are now open.**

**Closes 16 October**

Traineeships include accredited training and mentoring.

<https://www.penrithcity.nsw.gov.au/Council/Careers/Traineeships/>

TAFE NSW - Western Sydney Institute is proud to be the principal partner of the

## 2015 Western Sydney Apprenticeship and Traineeship Expo



**Penrith Panthers Exhibition Marquee, Mulgoa Road**

**Tuesday 1 September 2015**

4:00pm – 5:30pm Equity Group Session

5:30pm – 9:00pm Free Public Entry

The perfect opportunity for students and job seekers to talk with potential employers and training providers.

If you're interested in being an exhibitor, contact us at

[brett.carter18@tafensw.edu.au](mailto:brett.carter18@tafensw.edu.au) or call us on 9208 9506

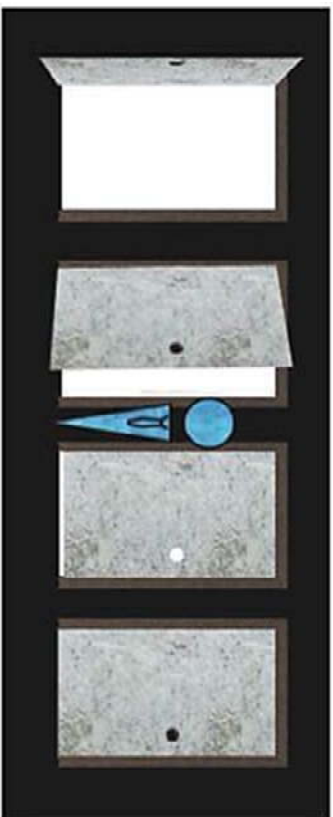
Brought to you by:



**Dr John Taccori**  
Careers Advisor

Catholic Education Diocese of Parramatta  
and  
Australian Training Company

# ICT TRAINEESHIP PROGRAM 2016



The ICT Traineeship program offered by the Catholic Education Diocese of Parramatta, in partnership with the Australian Training Company and TAFE, offers the opportunity for young people interested in Information Technology and Computing to begin their careers in the IT industry.

The traineeship provides the opportunity to attain a nationally accredited Certificate III and IV in Information Technology along with 2 years of industry experience in a growing computing environment. There are additional opportunities for further accreditation with industry recognised Microsoft, Apple and Cisco certifications.

There will be two information sessions held at the Aengus Kavanagh Education & Equity Centre, Mt Druitt on the following dates:

8th September 2015 - 4:00pm to 6:00pm  
9th September 2015 - 4:00pm to 6:00pm



**LINDA PEARSALE**

Catholic Education Diocese of Parramatta  
12 Victoria Road (Locked Bag 4)  
North Parramatta NSW 1750  
T 9840 5585 F 9407 7030 M 0419 143 091  
E [linda.pearssale@parra.catholic.edu.au](mailto:linda.pearssale@parra.catholic.edu.au)



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**CAROLYN STANTON**

Australian Training Company  
P: 02 9704 1500  
M: 0419 219 571  
E: [cstanton@austrg.com.au](mailto:cstanton@austrg.com.au)



## Information Technology Traineeships for 2016

Now accepting resumes from HSC 2015 school leavers

<p><b>What is a traineeship?</b></p> <ul style="list-style-type: none"> <li>✓ Full time work combined with structured training with a registered training organisation while getting paid</li> <li>✓ Receive a Certificate III in Information Technology with possible progression to Certificate IV in Networking or Support</li> <li>✓ ATC will look after the necessary paperwork to register you as a trainee</li> <li>✓ ATC administer wages and superannuation</li> <li>✓ ATC will act as the employer and ensure the host employer provides the ongoing support and training throughout the duration of the traineeship</li> </ul>	<p><b>What are the benefits of completing an IT traineeship?</b></p> <ul style="list-style-type: none"> <li>✓ Provides on and off the job training in the ICT industry</li> <li>✓ Practical and valued experience in the workplace</li> <li>✓ Up to date use of current technology knowledge</li> <li>✓ Excellent preparation for developing a career in ICT</li> <li>✓ A future in a supportive professional work environment</li> <li>✓ Potential for ongoing employment after completion of the traineeship</li> </ul>
<p><b>What type of people are we looking for?</b></p> <ul style="list-style-type: none"> <li>✓ Great communication skills</li> <li>✓ Interest and a passion for ICT</li> <li>✓ Highly reliable with ability to work independently</li> <li>✓ Some customer experience and access to your own transport would be an advantage</li> <li>✓ Good attendance and punctuality throughout school</li> <li>✓ Having completed your Certificate II IT qualification at school or other IT subjects would be highly desirable</li> </ul>	<p><b>What's the next step?</b></p> <ul style="list-style-type: none"> <li>✓ Any enquiries can be made to Carolyn Stanton at the Australian Training Company on 9704 1500</li> <li>✓ Email your resume and cover letter to <a href="mailto:cstanton@austrg.com.au">cstanton@austrg.com.au</a> for review before 18<sup>th</sup> September 2015</li> <li>✓ Preliminary interview with ATC</li> <li>✓ Progressing to an interview with our host employer</li> <li>✓ If successful, expect to commence your traineeship by the end of November this year after the HSC</li> </ul>

[www.austrg.com.au](http://www.austrg.com.au)



# Diocesan News

You can read the latest Council of Catholic School Parents  
Newsletter at: <http://www.ccspp.catholic.edu.au/2015/20150528/>

## St Finbar's 50th Year Parish Mass

All past St Finbar's students, families and friends are invited to attend the 50th Year Parish Mass at St Finbar's Church on Sunday, 27th September at 9.30am.

## Gospel concert 'Spirit of Joy': 5 September

Gospel Concert 'Spirit of Joy' is presented in association with the Sydney Sacred Music Festival. It will be held on Saturday 5 September 2015 from 3pm-5.30pm at Mt Schoenstatt Spirituality Centre. It aims to bring together people of all religious traditions to feel the joy of God, through spiritually uplifting/upbeat music and song. Tickets: \$12 adults, \$8 school-age children, \$35 family – two adults with up to four school-age children, children under five free. Bookings <http://www.trybooking.com/144537> For further information please contact Ann-Maree Timmings tel (02) 4773 8338 ext 236 or send an email to [manager@schoenstatt.org.au](mailto:manager@schoenstatt.org.au)

## 3<sup>rd</sup> Annual Faith in Marriage Conference: 23 August

This year's conference has the theme: Marriage – A Culture of Love & Life. Incorporating the Ray Reid Memorial Lecture about the blessing and graces of marriage. This conference is aimed at married couples, engaged couples and individuals interested in marriage. Speakers include the Diocesan Administrator, Very Rev Fr Peter G Williams, Jonathan Doyle and Lara & Tim Kirk. Mass will be celebrated at noon. Brought to you by CatholicCare Social Services and Australian Catholic University. From 9am-3pm at Edith Angel Hall, Our Lady of Mercy College, Ross St, Parramatta. Cost: \$25 per person (\$50 per couple) includes lunch, morning & afternoon tea. On-site child minding for participants available for \$30 per family must be booked prior to the conference. Registration: CatholicCare Parramatta (02) 9933 0222, [marriage@ccss.org.au](mailto:marriage@ccss.org.au) Join us on Facebook: [www.facebook.com/CCSSParramatta](http://www.facebook.com/CCSSParramatta)



### Helen Minol's Retirement Celebrations

We would love it if you could join the Our Lady of the Rosary School community at one or both of the events we are holding to celebrate Helen's remarkable achievement of 50 years teaching at OLR and to wish her well for her retirement.

**Wed 7<sup>th</sup> October, 2015** Liturgy at the school at 2.00pm followed by afternoon tea.

**Sat 24<sup>th</sup> October, 2015** 6.00pm Mass at the Church followed by a 'Reunion Experience' and supper at the school.

**RSVP before Friday 11<sup>th</sup> September, 2015 to: [olorstmarys@parra.catholic.edu.au](mailto:olorstmarys@parra.catholic.edu.au)**  
**Please indicate which event/s you will be attending. Please provide names of adults/children attending for catering purposes. Please spread the word by telling your friends and sending it out on social media so we can get as many past students/staff and friends of Helen's attending.**

We are compiling a book of photos & memories for Helen. If you have any photos, stories, memories or a message that you would like included, please email these by Friday 11<sup>th</sup> September.

At the Saturday evening celebration there will be a guest book for you to sign and we will be collecting donations to assist with the cost of the book, gifts and events.

Note: We will also be running tours of the school on the Saturday evening for anyone who would like to have a look around.

## The Catholic Diocese of Parramatta wants to hear from you

If you or someone close to you has suffered **ANY** abuse by a representative of the Catholic Church (school, parish, other Catholic group) in Western Sydney and the Blue Mountains we invite you to contact us.

Our professional staff will listen to your experience, respect your confidentiality and discuss all available options.

### You can contact us on:

Phone: (02) 9933 0233

Web: [www.parra.catholic.org.au/safeguarding](http://www.parra.catholic.org.au/safeguarding)

Email: [safeguarding@parra.catholic.org.au](mailto:safeguarding@parra.catholic.org.au)

Mail: PO BOX 3066 North Parramatta, NSW, 1750

For any complaints that may relate to criminal conduct we encourage you to contact **NSW Police on 1800 333 000**



# Community News

## Blue Mountains Youth Choir for boys and girls 9-16 years, sponsored by

ACADEMY SINGERS



### Project Two 2015 'Wind in the Willows'

Musical Director – Sarah Mann

A special event, involving the combined voices of Academy Singers, Warrimoo Chorale and Blue Mountains Youth Choir, with soloists, narrator and instrumental ensemble.

#### Dates of BMYC Workshops:

Sunday 26 July 2.00pm - 4.30pm at Lawson Public School Hall, entry - Wilson Street  
Sunday 2 August 2.00pm - 4.30pm at Lawson Public School Hall  
Bring a drink, a snack (no nuts) and a hat.

#### Combined Choirs Rehearsal:

Monday 3 August 7.30pm at St. Finbar's Catholic Church, Levy Street, Glenbrook  
Rehearsal and Performance: Sunday 9 August at St. Finbar's (Performance at 3pm, rehearsal time TBC)

For further information, including fees payable, go to [www.academysingers.com.au](http://www.academysingers.com.au) - Youth Choir or phone 0418 602 690.

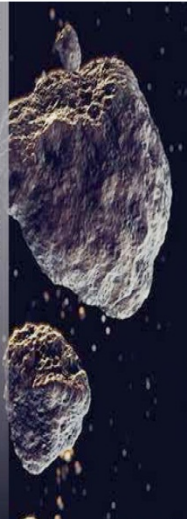
Registration essential - applications close on Wednesday 22 July or earlier if all places filled. Register online, or contact us by email [bmyc@academysingers.com.au](mailto:bmyc@academysingers.com.au) to have a registration form posted to you.

Cost:  
Bookings are essential:  
Contact:

\$18 adult, \$12 child/concession and \$50 family  
Book and pay online: [www.uws.edu.au/observatory](http://www.uws.edu.au/observatory) What's On  
Tel: (02) 4736 0135 Email: [penrithobservatory@uws.edu.au](mailto:penrithobservatory@uws.edu.au)  
[www.uws.edu.au/observatory](http://www.uws.edu.au/observatory)  
[www.twitter.com/uwsobservatory](http://www.twitter.com/uwsobservatory)  
[www.facebook.com/uwsobservatory](http://www.facebook.com/uwsobservatory)

### Astronomy Night: Space Rocks

Saturday 8 August 7.00pm - 9.00pm



UNIVERSITY OF WESTERN SYDNEY  
SCHOOL OF COMPUTING, ENGINEERING AND MATHEMATICS  
PENRITH OBSERVATORY  
SPACE ROCKS

Asteroids, meteors and comets, what are they? How do they differ from each other? What happens when they get too close to earth? Come along and find out in our presentation on Space Rocks. The evening will also include a 3D astronomy movie, a tour of the dome area and an opportunity to view the night sky through the observatory's telescopes.

## Community Yoga at Winmalee

### Family Fun & Fitness

Could you and your family do with more fun, relaxation, fitness, peace of mind and laughter?

Our new family and community yoga classes will provide this and more! You don't need to be super-fit, super-flexible or super-serious to enjoy the benefits of yoga. The class will enhance balance, alignment, focus and concentration. It will also help release any stress, energise and strengthen core muscles. It's just one hour a week, so why not give it a try?



Our facilitator is Carly Rowe. She is fully qualified and accredited with the International Yoga Teacher's Association (IYTA). She has trained with Zenergy Kids Yoga in Kids and Teens Yoga, Advance Teaching and Yoga Therapy for Kids and is a Certified Rainbow Kids Yoga Teacher. Carly has also managed Kids Recreation and Child Care Centres in Australia and overseas.

When: Tuesdays 4:30-5:30pm  
[starting on August 4th, straight after Rhythm Stix]  
Where: Winmalee Public School Hall  
Who: For ages 4-5 yrs and upwards. Children must be accompanied by a parent or guardian at all times.  
Facilitator: Carleen Rowe  
Cost: No charge, Gold Coin donation appreciated  
Bookings: Not essential, just turn up to class on Tuesdays

All welcome. For more information, please call the Springwood Neighbourhood Centre Co-operative on 4751 3033

Springwood Neighbourhood Centre  
Co-operative Ltd

Winmalee  
NEIGHBOURHOOD CENTRE

Ground Floor, Community & Cultural Hub,  
Maccarie Rd, Springwood  
P: 4751 3033

62 Whitecross Road  
Winmalee 2777  
P: 4754 4050

## Springwood District Athletics Club 2015-2016 Registrations LITTLE ATHLETICS...FOR...FAMILY...FUN...and...FITNESS Season Commences Saturday 26th September



Little Athletics is a great way to keep active and meet new friends. We cater for age groups from US (Tots) through to U17s. Little Athletics is the Foundation for all Sports. It offers young people activities and skills that will stand them in good stead for their sporting future.

Competition is held on Saturday mornings at Tom Hunter Park in Faulconbridge and runs from September to March. Each week the athletes compete to beat their personal best in a variety of track and field events.

Registration sessions will be held over August and September across the Mid Mountains. A link to register can be found at [www.springwoodathletics.org.au](http://www.springwoodathletics.org.au) or [www.sams.com.au](http://www.sams.com.au). Once you have registered online you can then meet the committee to finalise your registration at one of the following

Registrations will be held as below:  
August 29th - Tom Hunter Park - Faulconbridge 10am - 2pm  
September 5th - Winmalee Shopping Centre 10am - 2pm  
September 12th - Springwood Town Centre 10am - 2pm  
September 19th - Winmalee Shopping Centre 10am - 2pm

For more information email [sdssecretary@gmail.com](mailto:sdssecretary@gmail.com)